Grilled Slider Buns

(For ISPO)

Lightly grilled and slightly crispy brushed with olive oil, slider rolls will make the perfect bite when stuffed with almost any filling

(For ISPO)

Nutrition Facts (1serving)

- Total Fat 1.1g. 2%
- Saturated Fat 0.2g. 1%
- Cholesterol 0mg. 0%
- Sodium 139mg. 6%
- Potassium 54mg. 2%
- Total Carbohydrates 14g. 5%
- Dietary Fiber 1.3g. 5%
- Sugars 2.1g.

Recipe:

- Lightly brush each slider bun with one-eighth (1/8) of an ounce of Olive Oil. -
- Gently place the oiled bun (oiled side down) on a flat top grill.
- Grill for approximately two (2) minutes checking often.
- Grill until the oiled side is crispy and brown.